



# **Final Report**

# The Michigan Summit on Workability

Workability in Michigan

April 30 and May 1, 2009 Sheraton Lansing Lansing, Michigan

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#### Introduction

This report was developed to document the preparations, event proceedings, and detailed outcomes of the Michigan Summit on Workability held in conjunction with the 60 Summits Project on April 30-May1, 2009 in Lansing, Michigan. Consistent with the purpose and vision of the Workability in Michigan steering committee which planned and produced the summit, this document should be shared with everyone who attended the event as well as others who will be interested to learn what happened there.

This document is also intended to serve as a resource for those who intend to continue the multi-stakeholder grassroots initiative whose first step was the Michigan Summit on Workability. They can use the lists of people who participated to find kindred spirits with whom to collaborate. They can begin with the lists of preliminary ideas and plans developed during the summit, and then consolidate, analyze, prioritize them, and turn them into action in the real world.

#### Acknowledgements

Members of the Workability in Michigan steering committee: The membership of this all-volunteer committee is itself an example of the multi-stakeholder approach to the overall effort. The committee consisted of twenty-five professionals representing twenty-four different organizations. Representatives from employers, occupational health, safety and wellness providers, insurance, disability management, rehabilitation, government, academia and research worked together to plan and produce this event. There would have been no summit without the leadership, dedication and firm resolve of this steering committee. A list of committee members appears in Appendix A.

<u>Sponsors:</u> Without the generous support of our sponsors, the Michigan Summit on Workability would not have been possible. A list of sponsors appears in Appendix B.

<u>The Facilitators</u>: Some of the planning team members served as work group facilitators, and others were recruited from various settings. In all, 19 facilitators provided leadership for the workgroups and helped them to focus and remain on task while deliberating on their assigned ACOEM recommendations. The facilitators were responsible for making sure that all viewpoints were shared in the group, that the workgroup action plans were representative of the group, and that the workgroup report was created and delivered.

<u>60 Summits Project staff</u>: We appreciate the support of Diana Cline, David Siktberg, Anita Nyyssonen, and Jennifer Christian, MD of the 60 Summits Project who assisted us throughout the planning process as well during the summit event.

#### **Key Definitions**

Work disability: It is important to note that the term "disability" or "work disability" as used here means time either away from work or working at less than full productive capacity due to a medical condition. Work disability does not mean "having an impairment", because many people with substantial impairments work full time and full duty. A key precept of the new work disability prevention model is that needless work

disability (absence or withdrawal from work) is disruptive, potentially harmful, and costly both to the employee and the employer.

The Stay-At-Work and Return-To-Work (SAW/RTW) process occurs whenever an employed person becomes injured, ill, or has had a change in their ability to function. The SAW/RTW process consists of a sequence of questions, actions and decisions made separately by several parties that, taken as a whole, determine whether, when and how an injured or ill person stays at or returns to work. Thus, the SAW/RTW process is an outcome generating process. However, it often becomes derailed because the focus is diverted to certifying, corroborating, justifying, evaluating, or determining the extent of the disability rather than preventing it.

**ACOEM Guidelines:** The American College of Environmental Medicine has issued a variety of guidelines, guidance documents, policies, and position statements over time.

- The most well-known of its guidelines are the *Occupational Medicine Practice Guidelines* for diagnosis and treatment of occupational conditions, adopted in 2002. This several hundred page document is available for purchase from ACOEM. The evidence-based Practice Guidelines were adopted as the presumptively correct standard of care by the California workers' compensation system. The ACOEM treatment guidelines which make specific recommendations for medical care in individual cases of injured or ill individuals WERE NOT the focus of the Michigan Summit on Workability.
- The work disability prevention paper which WAS the focus of the Michigan Summit on Workability is a completely different document covering a very different set of topics. Entitled "Preventing Needless Work Disability by Helping People Stay Employed", it was adopted by ACOEM in May 2006. It is 27 pages long, and is free on ACOEM's website (www.acoem.org) under Policies and Position Statements. It can also be found at <a href="www.workabilityim.org/">www.workabilityim.org/</a>. Although initially classified as a guideline, it has been reclassified as a guidance document. The report makes general and systemic recommendations to all the participants in the stay-at-work and return-towork process for how to improve the way it functions in order to improve service to workers and their supervisors, and to improve outcomes of injury-, illness- or aging-related employment predicaments.

#### **Background and History**

The American College of Occupational & Environmental Medicine (ACOEM) adopted a report entitled "Preventing Needless Work Disability by Helping People Stay Employed" in May 2006. Dr. Jennifer Christian led the committee of 21 Canadian and U.S. physicians who developed it. She founded The 60 Summits Project shortly thereafter which is convening multi-stakeholder summits across North America, aiming for 60 events in 10 Canadian provinces and 50 U.S. states.

The purpose of the 60 Summits Project:

The 60 Summits Project is a grassroots initiative that is creating a multi-stakeholder community of like-minded people who intend to:

- Prevent needless work disability by helping people stay employed;
- Upgrade the performance of workers' compensation and disability benefits systems by employing a multi-stakeholder collaborative approach to:
  - o mitigate the impact of illness, injury or impairment on each individual's ability to function at work, and
  - o promote the economic vitality and productivity of workers, employers, and local economies;
- Inform people about the new work disability prevention paradigm and the American College of Occupational & Environmental Medicine's recommendations for improving the stay at work and return to work process;
- Inspire and convince people to take action to make those improvements and cooperate under the new paradigm;
- Lead by example and support each other in actually doing these things ourselves;
- Within our community, enable buyers and sellers of products and services that
  effectively prevent needless work disability to find each other so that they thrive
  and prosper;
- Grow our community until people across North America are employing this new multi-stakeholder, collaborative, and problem-solving approach, and it eventually becomes the norm everywhere.

#### The Michigan Story

On September 26, 2007, Dr. Jennifer Christian, founder and chair of the 60 Summits Project, was invited to Michigan to convene a feasibility meeting for a Michigan summit. This was held the day before the 2007 annual scientific meeting of MOEMA, the Michigan Occupational and Environmental Medicine Association. MOEMA is the Michigan component society of the American College of Occupational and Environmental Medicine. Twenty-six people attended the meeting at the Kellogg Center in East Lansing, Michigan. Fourteen attendees agreed to be part of the steering committee and seven of those people remained active on the planning committee through the event.

Libby Child and Anthony Burton, MD agreed to co-chair the Michigan group. The first planning committee meeting was held on January 17, 2008. Wendy Greene, RN, offered Ingham Regional Medical Center as a central location for the meetings. All but one planning committee meeting were held at that location. Monthly meetings were held with all members of the group (both steering committee and the larger planning committee) with conference calls in between the in-person meetings. This created touch points on a bi-weekly basis for the duration of the planning cycle.

The Workability in Michigan steering committee was established ultimately with 25 members representing 24 different organizations. A complete list of the steering committee members is included in Appendix A. This group consisted of professionals from all stakeholder groups including employers, occupational health and safety,

insurance, disability management, rehabilitation and academia/research. A consensus was reached to affiliate with the 60 Summits project and to hold a summit in Michigan in 2009. The 60 Summits Project was contracted for both basic and financial services. This allowed the group to focus upon the mechanics of marketing, logistics and invitations.

Philosophical discussions were conducted for the first several meetings to determine the best manner to proceed with the summit. A purpose statement was developed early in the process so as to clarify our goals and guide our progress. The statement is in Appendix E.

The planning of the event took approximately 19 months. A second quarter event was planned due to the budget and travel cycle of major industry in Michigan. During the planning cycle a dramatic economic downturn occurred in Michigan that preceded the national recession, which itself was abundantly evident by the time the event occurred in May 2009. Several committee members experienced first-hand the repercussions of these changes, but this did not deter them from participating. In January 2008, the seasonally adjusted unemployment rate was 7.3 percent; by the time of the summit, the rate had climbed to 12%. (Appendix C) This created challenges for both fundraising and summit attendance. This is an important factor in assessing the achievement of summit.

Several key factors were discussed as pertinent to the Michigan economic environment. A Michigan location and contact were established for the registration process so that participants and sponsors could feel as though they were working with a Michigan-based group, and not an organization located elsewhere. So, although the financial processes were managed by the 60 Summits Project, a Michigan address was established to act as the intermediary for payments. Ardon Schambers at P3 HR Consulting agreed to process registrations and sponsorship contributions by establishing a secure site for collecting these monies to batch to the national group. This worked well as a Michigan contact point.

A significant key to establishing our identity was the creation of the Workability in Michigan website at <a href="www.workabilityim.org">www.workabilityim.org</a>. The site provided a repository for general information about our group, a way for interested parties to obtain details about the summit, including registration materials and fact sheets, a source for news and updates, and a location for reference material. There are links going both ways between the Workability in Michigan website and the 60 Summits website (<a href="www.60summits.org">www.60summits.org</a>).

Workability in Michigan was made possible by a dedicated fundraising committee, generous sponsors and in kind support from several companies. Thirty-five sponsors donated a total of \$23,000. Significant in-kind donations made the planning process possible: meeting space, conference calling and conference materials were donated by generous companies that view the SAW/RTW process as integral business decisions. (See Appendix B for the sponsor list.)

A successful summit was held on April 30 and May 1, 2009 with 107 attendees. The original goal was 125 attendees, but many individuals did not participate as a result of the austere economic climate and restrictions by employers. In fact, several major employers

(including governmental and automotive) who were expected to participate through both attendance and sponsorship ended up doing neither as a result of severe restrictions on such activities. This environment led to an interesting outcome with respect to sponsorship. Instead of enlisting a relatively few high-level sponsors, we enlisted 35 financial and in-kind sponsors to support our efforts. The result was as much a reflection of grassroots financial support for the summit as the grassroots support evidenced by the efforts of so many individuals. Given the circumstances, the group was extremely pleased with the outcome.

The summit was held at the Lansing Sheraton Hotel and Conference Center with audio link to registered attendees in the Upper Peninsula. A web link had been planned but was cancelled for lack of enrollment. Participation with stakeholders in the Upper Peninsula is an ongoing concern for many groups in the state, so lack of attendance was not viewed as a problem peculiar to the Workability in Michigan effort.

The guest list was very carefully developed to involve as many stakeholders as possible and to promote balance among the workgroups. A substantial effort resulted in representation from healthcare providers, employers, labor, insurance, case management and rehabilitation companies and governmental agencies. (Appendix D). The work groups were developed with attention to area of interest, stakeholder group, and internal balance. Therefore, only limited changes were made to the workgroups on the day of the event.

#### **Summit Participants**

The 107 people who participated in the Michigan Summit on Workability represented a cross section of stakeholder groups. We wanted to identify participants who would be able to engage with us at the summit, but also in our future efforts. People of excellent reputation and influence were selected and invited via email and U.S. mail. The planning committee carefully created an invitation list to assure a balance of perspectives from employers (large and small, public and private), clinicians, insurers, claims payers, government, policy makers and others involved as intermediaries in the SAW/RTW process. The committee invited individuals from all of these groups who they believed would make a positive difference if they attended the summit. Email invitations were sent to specific individuals and follow-up U.S. mail invitations were sent. Many received personal communications from committee members in addition to the emails. Follow-up calls were made by committee members to promote early registration and encourage participation. Appendix F contains a list of all summit attendees.

The invitation informed prospective participants that the summit would use the ACOEM work disability prevention statement as the framework for discussion, and that the different stakeholders would sit side by side to create a better stay-at-work and return-to-work process to benefit both employees and employers in Michigan. They were also informed that the expected outcomes of the summit were new relationships, an action agenda, and a consortium or coalition that would plan to transform that action agenda into improved human and financial outcomes for both employees and employers.

In the opening session, Dr. Christian reiterated the objectives for the summit, and declared the intention that this event would become an historic milestone for Michigan, signal a beginning, and lead to the creation of a group of inspired and energized people who will gradually transform Michigan into a state that really does prevent needless work disability by actively helping people stay employed.

#### **Summit Facilitators**

Some of the planning team members served as facilitators for workgroups during the summit. Additional facilitators were recruited. In all, 19 facilitators provided leadership for the workgroups and helped them to focus and remain on task in deliberating their assigned ACOEM recommendations. A few weeks before the summit, Dr. Christian and Diana Cline provided several hours of training for all facilitators via teleconference to cover the specifics needed for the summit day. The facilitators were responsible for managing logistics, keeping the discussion in their groups focused on the issues, making sure that all participants' viewpoints were heard and that the groups produced their reports on time.

#### The Michigan Summit on Workability Meeting Format

On the evening before the event a reception was held for participants who arrived the day before. The format was a networking event and introduction to the ACOEM statement by Dr. Jennifer Christian. This event was attended by 56 individuals.

The next day's meeting was opened by Dr. Tony Burton and Libby Child. (See Appendix G for the meeting agenda) Steering and planning committee members were acknowledged and thanked for their efforts. James C. Epolito, immediate past president and CEO, Michigan Economic Development Corporation, presented a Michigan perspective on the SAW/RTW process.

During her general session keynote address, Dr. Christian provided an overview of the 60 Summits Project. She described the workshop format, the relationship between the Workability in Michigan planning group and the 60 Summits Project, and laid out the intended outcomes of the event as a whole as well as for each attendee. She stressed the importance of preventing needless work disability, outlined key concepts in the ACOEM work disability prevention statement, and briefly reviewed each of the 16 recommendations in the document.

Following the keynote, Dr. Christian provided a short orientation to the day's work and how to conduct the multi-stakeholder workgroup sessions. All summit participants had been provided with the ACOEM statement prior to the summit with a request to read it in order to come prepared to work and discuss it. A show of hands indicated that a large majority of the participants had read or at least scanned the ACOEM report.

One of the key instructions for the workgroup participants was to ask them to listen in a new way to what others report is "true" for them. Since most of the attendees already had extensive familiarity with the subject, Dr. Christian reminded them to "*listen for the new part*" and not listen simply to confirm that they already knew it. Dr. Christian also

reminded attendees that making recommendations about what "somebody oughta do" will not produce the desired results. In order for change to happen, individuals need to take responsibility for what they can do themselves, and begin collaborating and communicating across sectors, and start by taking small steps.

The attendees were arranged into 12 multi-stakeholder workgroups each situated around the room at round tables with documentation supplies (easels, forms) to track their activities. Each group was provided with one or two 60 Summits-trained facilitators to assist in the process. Each group was assigned one or two of the 16 specific recommendations from the ACOEM statement. Their charge was to decide if they agreed with their assigned recommendations. If they did not, they were asked to solve the problem in a different way. If they did, they were asked to develop a strategy with concrete steps to implement the recommendations. In addition, each participant was asked to make a personal action plan.

After the first set of group discussions the stakeholder groups reported their findings and described their first action plans to the larger group. Each group was provided feedback by Dr. Christian with the aim to make the plans implementable.

The groups then reconvened to discuss the original set of plans and to improve and expand their recommendations. They were encouraged to make the plans specific, and with timelines, for presentation back to the larger group. During the second presentation the larger group could ask questions and add suggestions.

In the last session, Dr. Christian summarized themes that were evident throughout the day and discussed the next phase of the process. She emphasized the fact that the workgroups' plans should be viewed as drafts, more like the product of a brainstorming session than a finished product. Working together under time pressure had been good practice in working in a multi-stakeholder environment and in moving from good ideas to concrete action plans.

The individual action plans were completed by each participant and documented on a personal commitment form. The forms were collected, copied for tabulation and returned to each attendee before leaving for the day. This would allow them to monitor and track what they felt could be their personal commitment to the ongoing efforts of the group, the larger community, their employer and themselves.

As the event drew to a close, Dr. Burton and Libby Child explained the next steps in the Workability in Michigan process. The steering committee would be meeting in two weeks to discuss and analyze both the planning process and the event. A major activity would be to develop this final report, consolidate, coordinate, analyze and prioritize the ideas and themes derived from the day. The most important activity would be the first follow-up meeting which was already set for June 18. This meeting was set to begin the action phase as the group moves forward.

Evaluation forms were provided to each participant and completed before leaving the meeting. A total of 69 evaluations were collected and tabulated (Appendix H). The evaluations revealed the following.

## **Participant Reactions**

During the summit event, there was a very high level of visible involvement at each table. In general sessions, the participants appeared to be engaged in the presentations. In the small group sessions, the discussions were very active. As a group, the attendees reported by way of their evaluations that they were very satisfied with their experience at the Michigan Summit on Workability and want to remain engaged with one another and with the overall initiative.

Of 69 of 107 (64%) attendees who returned evaluations (Appendix H):

- 85% reported that the information presented was very interesting.
- 88% said that having met the other attendees will help them in the future.
- 91% reported that the workshop was a good use of their time and effort.
- 90% said that this new angle or approach has made them think differently about some important issues.
- 90% said they have a list of practical steps they can take to improve their participation in the SAW/RTW process

#### **Summit Results: Personal Commitments & Action Plans**

Overall, the most important – and least visible – outcome of the Michigan Summit on Workability was the experience itself that has created a group of 107 people from multiple stakeholder groups who:

- Have a shared vision of how the stay-at-work and return-to-work process should function:
- Had a shared experience of sitting side-by-side making plans for how to make that vision into a reality; and the conviction that they can create a better future for Michigan's workers' compensation and disability benefits systems by sharing this new perspective.

In addition to the experience itself, many people made new relationships or deepened existing ones during the summit. In particular, the deeper understanding and insights produced by interactions with other attendees in different sectors of society are of great value.

The positive feelings evoked by this outstanding multi-stakeholder experience are the fuel that will drive the formation and success of the action group afterwards. For most of the attendees, this was their first experience sitting side by side with people in other disciplines and sectors of society working on an issue that touches all of them – the stay-at-work and return-to-work process that is common to workers' compensation and all disability benefit programs. For virtually every attendee, this was the first time they had ever considered the question of what "first class" might look like in these systems. It may also have been their first experience with focusing on what needs to be put in place in

order to make sure things go "the right way" most of the time – instead of focusing on what is wrong and how to "fix" it.

#### **Workgroups' Action Plans**

Each workgroup thought the individual ACOEM recommendations they had been assigned were worthwhile and should become common practice. Therefore, all of the groups developed action plans to begin implementing them. The details of their plans, derived from their written documentation and oral reports, appear in Appendix I.

Common features among the many plans became apparent while the workgroups gave their oral reports during the summit. Many of the plans are designed to solve similar problems or tackle similar topics. Successful implementation of many of the plans will also require similar types of behaviors.

The bulleted examples listed under each of the major topic areas below have been taken straight from the workgroup reports.

#### MAJOR TOPIC AREAS

- 1. Communications and engagement
- 2. Education and training
- 3. Collaborative approaches to system development and improvement
- 4. Collaborative approaches to dealing with individual situations across specialty lines
- 5. Develop and deploy missing solutions for identified issues
- 6. Get the facts, establish benchmarks/standards, and use data to guide improvement efforts

#### **Personal Commitments:**

Most of the participants made personal commitments to take some sort of action to improve the SAW/RTW process in their own organizations and to participate in group or community projects. The edited details of those commitments appear in Appendix H. All individually identifying information has been removed. Many of the personal commitments reflected solid engagement in the process and an intention to carry through with actions.

#### **Next Steps**

The next steps are to:

- 1. Harness the good will and energy for positive change produced by the summit;
- 2. Build on the understandings and relationships developed during the summit;
- 3. Consolidate, categorize, and analyze the opportunities for action identified during the summit, then choose which ones to address and in which order;

The experience of the Michigan Summit on Workability encompasses the mutually-respectful relationships among people of good will in different professions and sectors of society, as well as the commitments they made to themselves and the plans for action that the workgroups made during the summit. All of this must now be transferred to the real world. In order for this event to create the future outcomes that were originally envisioned by its planners, it is now time to start making things actually happen in Michigan.

The Michigan Summit on Workability planning team intended their May 1 event to be a milestone for Michigan, a beginning of the process of disseminating the new work disability prevention paradigm throughout the state and to all stakeholders. The paradigm shift begins at the summit, by getting as many of the right people as possible in the room to do more than **talk about** ACOEM's recommendations, but to **plan to** actually implement them and to make specific plans for **how** to do that, by **when**, and with **whom**. The summit starts the process by asking attendees to identify what is possible through communication and collaboration across sectors, and to make plans for spreading the word and actually making changes to how they conduct their everyday practices and businesses.

An on-going structure for fulfillment of this vision is required to support follow-up action. Something must preserve the momentum built during the summit so that the proposed activities actually take place and bear fruit. Something must keep new relationships alive. People are more likely to succeed if they are supported in some fashion. Small groups who want work together will benefit from a framework within which to collaborate. The key functions of the structure for fulfillment established by the follow-up action group will be to:

- Continue to propagate the work disability prevention's new way of thinking about workers' compensation and disability benefits programs across the state.
- Support one another in fulfilling the personal commitments made during the summit.
- Carry out a selected few of the ideas for group activities and projects developed during the summit.

So, the next challenge for Michigan is to grow a dynamic and action-oriented follow-up group. Since more than fifty (50) of the attendees expressed an interest in follow-up activities, it is hoped that many of them will actually become active with Workability in Michigan. The first follow-up meeting was scheduled for June 18, 2009. In the interim,

the summit planning group's webpage and their link to the 60 Summits website can be used to continue to share information.

The first step is for the group to get organized, to develop a strong sense of shared purpose and a game plan, and to take on their first projects. This report should serve as a starting point resource for the leadership and members of the collaborative.

The best project to begin with is finding opportunities to continue to propagate the new paradigm among people in Michigan. The group can create the momentum by spreading the word about the new work disability paradigm and the problem-solving team approach to the stay-at-work and return-to-work process among key individuals and groups within Michigan and within their own professional societies and trade associations. This entails many meetings and presentations.

A few months hence, when the group has a developed a team spirit and sense of accomplishment based on those early successes, this report can serve as a resource. The group can use the lists of preliminary ideas and plans developed during the summit as a source of raw material for their next projects. Remembering that the workgroup outcomes were developed under intense time pressure, the process should be to consolidate, analyze, and categorize the ideas, and then choose and prioritize the ones to take on. It is best to select projects that appeal to people and inspire them, rather than ones that are "high priority" but do not generate enthusiasm. Also, it is better to pick projects for which the group has the required skills.

In addition to their work inside this collaborative effort, interested individuals can use this report's list of people who participated in the summit to find kindred spirits with whom to collaborate on projects, either independently or under other organizational umbrellas.

The Workability in Michigan website (<a href="www.workabilityim.org">www.workabilityim.org</a>) can be used to share information. In addition to Michigan-specific issues, the 60 Summits website (<a href="www.60Summits.org">www.60Summits.org</a>) provides a central clearinghouse for all the other state and provincial groups participating in the 60 Summits Project.

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## Appendix A

## Workability in Michigan Steering Committee

Patrick Beecher, MD, MPH, MBA – General Motors

Carlos Bermudez, JD – International Union, UAW

Cathy Breneman, RN, CLPC – Homelink

Anthony Burton, MD, MPH, FACOEM - General Motors-WIM Co-chair

David Campbell – Michigan Workers' Compensation Agency

Libby Child- WIM Co-chair

Sue Coles, RN, BSN, – Accident Fund Insurance Company of America

Anita Dombrowski, CCM, CWCP - Pointe Case Management

Beth Germann, CWCP – AIU Holdings

Wendy Greene, RN, DDM, CPDM – Ingham Regional Medical Center

Patricia K. Hostine, MBA, LPC, CRC, CWCP - Cooper Standard Automotive

Joseph Hymes

Katie Kohler, RN, BSN, CCM – ALARIS

Cheryl Klebba – Dart Container Corporation

Phil Margolis, MD – University of Michigan Medical School/GM

Debra Miller, RN, CCM – Pointe Case Management

Sherri Miller, CSP, CWCP – Meijer

Jan Nichols – MorningStar

Steve Ohman – Spectrum Health

Denise Pretzer – CareWorks

Shirley Priskorn – Wayne County

Ardon Schambers – P3HR Consulting & Services

Sue Separa, CWCC, CWCP, CHRS - Neace Lukens & RMSC

Danielle Susser, JD – Smith, Haughey, Rice, & Roegge

Dee Tyler, RN, COHN-S – FinCor Solutions

## Appendix B

## **Sponsors**

Accident Fund Insurance Company of America

**ALARIS** 

Amway

Brown Rehab Management

Bleakley, Cypher, Parent, Warren & Quinn

Concentra

Conklin Benham, P.C.

Consulting Physicians, P.C.

Cooper-Standard Automotive

**Dart Container Corporation** 

Encompass Health Care, P.L.C.C.

**FinCor Solutions** 

Dr. Steve Geiringer

Genex

Hanba and Lazar, P.C.

Homelink

Ingham Regional Medical Center

JAN - Job Accommodation Network

Kluczynski, Girtz & Vogelzang

Meijer

Michigan Council of Self-Insured Group Administrators

Michigan Occupational & Environmental Medicine Association

Michigan Retail Hardware Association

Michigan Self-Insurers' Association

Midwest Employers Casualty Company

Midwest Health Center, P.C.

Neace Lukens

O2 Wound Care Solutions of America

One Call Medical, Inc.

P3HR Consulting and Services, L.L.C.

Review Works

Sedgwick CMS

Starr and Associates Rehabilitation Management Specialists

Superior Investigative Services, L.L.C.

University of Michigan Department of Psychiatry

## **Appendix C**

## **Economic Indicators**

#### Michigan Unemployment Rate (Seasonally Adjusted)

June 2009 15.2% Change Over Month +1.1 Change Over Year +7.1

http://www.milmi.org/

#### Michigan's Employment Snapshot

#### **Seasonally Adjusted**

		% Chg.		% Chg.
May 2009	June 2009	<u>Month</u>	June 2008	<u>Year</u>
4,848	4,872	0.5%	4,941	-1.4%
4,167	4,132	-0.8%	4,538	-8.9%
681	740	8.7%	403	83.6%
14.1	15.2		8.1	
	4,848 4,167 681	4,848 4,872 4,167 4,132 681 740	May 2009June 2009Month4,8484,8720.5%4,1674,132-0.8%6817408.7%	May 2009June 2009MonthJune 20084,8484,8720.5%4,9414,1674,132-0.8%4,5386817408.7%403

Contact: Jim Rhein, DELEG Economic Analyst (313) 456-3095

			% Chg.		% Chg.
UNITED STATES (Data in thousands)	May 2009	June 2009	<u>Month</u>	June 2008	<u>Year</u>
Civilian Labor Force	155,081	154,926	-0.1%	154,400	0.3%
Total Employment	140,570	140,196	-0.3%	145,738	-3.8%
Unemployment	14,511	14,729	1.5%	8,662	70.0%
Rate (percent)	9.4	9.5		5.6	

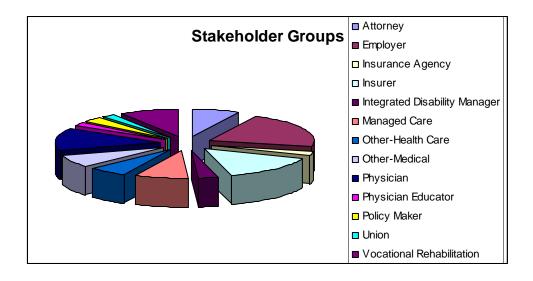
Contact: Jim Rhein, DELEG Economic Analyst (313) 456-3095

http://www.milmi.org/admin/uploadedPublications/463\_econsit.htm

## Appendix D

**Stakeholder Representation** 

Stakeholder Group	Percentage
Attorney	7.1%
Employer	21.4%
Insurance Agency	2.0%
Insurer	15.3%
Integrated Disability Manager	3.1%
Managed Care	8.2%
Other-Health Care	6.1%
Other-Medical	7.1%
Physician	13.3%
Physician Educator	2.0%
Policy Maker	3.1%
Union	2.0%
Vocational Rehabilitation	9.2%



## **Appendix E**



# Workability in Michigan Purpose Statement

We, the members of Workability in Michigan have come together in order to:

- Promote the adoption of the new work disability prevention paradigm for disability benefits and workers' compensation systems embodied in the American College of Occupational & Environmental Medicine (ACOEM) guideline entitled "Preventing Needless Work Disability by Helping People Stay Employed."
- ➤ Establish an effective mechanism for getting the common-sense and evidencebased recommendations made in the ACOEM guideline off the paper and into everyday use.
- > Create a broad-based local group of volunteers committed to propagating this new way of thinking throughout Michigan.
- Focus our energies on creating an event in Michigan that will in turn create fresh thinking, action for change, and system improvements.
- ➤ Plan and convene a Summit-type workshop for key stakeholders in Michigan
- Ensure that the Summit that we produce:
  - o Introduces the new paradigm and the ACOEM guideline's 16 specific recommendations;
  - o Challenges participants to decide whether to implement the recommendations in their own business, community and jurisdiction;
  - Creates a respectful, independent, and high quality environment in which the participants can communicate and collaborate with one another to identify concretely how to implement the recommendations; and
  - Encourages them to join with us and form an on-going group that will work together over time to actually carry out the strategies and action plans identified in the Summit.

Prepared February 21, 2008 Adopted March 20, 2008

# Appendix F

# **Summit Attendees**

Jennifer Abrams	Sedgwick CMS	
John Anderson	Concentra	
Lisa Anderson	Flint School District	
Vickey Argo	Business Leadership Network of MI	
Crystal Augustine	Cooper Standard Automotive	
Suzanne Bade	University of Michigan	
Sheri Bailey	International Union, UAW-GM	
Laurie Bates	Alaris	
Mark Bergsma	Berends Hendricks Stuit Agency	
Carlos Bermudez	International Union, UAW	
Amy Bohnert	Ann Arbor Veteran Affairs &	
	University of Michigan	
Cathy Breneman	Homelink	
Ken Browde	Browde Rehabilitation Consulting,	
	LLC	
Kevin Brown	Brown Rehabilitation Management	
Bill Brown	Review Works	
Scott Burgess	Accident Fund	
Tony Burton	General Motors – Summit Co-Chair	
Steve Bush	Consumers Energy	
David Campbell	MI Workers' Compensation Agency	
Jeff Canfield	Varnum LLP	
Terri Carlson	ALARIS	
Vincent Catalanotti	The Evaluation Group	
Libby Child	Summit Co-Chair	
Jennifer Christian	60 Summits Project	
Lorraine Climer	Alticor	
Diana Cline	60 Summits Project	
Sue Coles	Accident Fund	
Trish Cunningham	Brown Rehab	
Thomas Cypher	Bleakley, Cypher, Parent, Warren &	
	Quinn	
Tanya Davie	Cooper Standard Automotive	
Jacki Dimitroff	Comprehensive Risk Services, Inc.	
Anita Dombrowski-Fulton	Pointe Case Management	
Milt Dupuy	Optima Health Strategies	
James Epolito	MEDC/Delta Dental	
Mary Alice Ehrlich	Med 1	
Dan Fink	Visiting Physicians Association	
Molly Flanagan	Hanover Insurance	
Mike Fontaine	Hostetler Fontaine & Associates	

Debbie Ford-Ditto	Pointe Case Management	
Tina Gates	Ingham Regional Medical Center	
Steve Geiringer	Wayne State University	
Cheri Gelnak	CompOne Administrators	
Eric Genske	Cannon Cochran Management Services	
Beth Germann	AIU Holdings	
Dean Grace	Concentra	
Wendy Greene	Ingham Regional Medical Center	
Linda Grund	Cascade Engineering	
Andrew Haig	University of Michigan	
Timothy Hanna	Associated Builders & Contractors of	
	Michigan	
Karyn Hazel	Spectrum Health	
Matthew Hersey	Consulting Physicians	
Rebecca Hinma	O2 Wound Solutions of America	
Lisa Hopkins	Corvel	
Guy Hostetler	Hostetler Fontaine & Associates	
Patricia Hostine	Cooper Standard Automotive	
Donna Hunter	Sedgwick CMS	
Monica Kaminski	Meijer	
Margaret Kammerer	IT Works	
Linda Kato	Plymouth Canton Community School	
Paul Kauffman	Accident Fund	
Marilyn Kellepourey	ALARIS	
Cheryl Klebba	Dart Container Corporation	
Katie Kohler	ALARIS	
Janet Kransz	FinCor Solutions	
Steve Link	Midwest Employers Casualty Company	
Beth Loy	Job Accommodation Network	
Kim Lukanic	Sedgwick CMS	
John Machuta	Gerber Memorial Hospital	
Delores Macy	Michigan Counsel of Self Insured	
	Group Admin	
Phil Margolis	University of Michigan/General Motors	
Joan McDaniel	Avizent	
Briana Mezuk	U of M School of Public Health	
Grace Miller	Bleakley Cypher Parent Warren &	
	Quinn PC	
Stanley Miller	General Motors	
Sherri Miller	Meijer	
Debra Miller-Rowe	Pointe Case Management	
Thomas Mirabitur	Superior Investigation Services	
Sherry Mixon-Kemp	GENEX	
Jeri Mommaerts	FinCor Solutions	
Patrick Murphy	Midwest Health System	

Richard Nelson	Meijer	
Billie Newsom	MI Workers Compensation Agency	
Jan Nichols	MorningStar	
Walter Noeske	Conklin Benham PC	
Jack Nolish	MI Workers Compensation Agency	
Angela Nortley	University of Michigan	
Bill O'Brien	Travelers Insurance	
Steve Ohman	Spectrum Health	
Bobbi Parker	Marathon Oil	
Jeff Pierce	Michigan Sports & Spine Center	
Denise Pretzer	CareWorks	
Shirley Priskorn	Wayne County	
Greg Rapp	Kluczynski, Girtz, & Vogelzang	
Bruce Ruben		
Marc Ruben	Encompass	
Leslie Samuelson	Care Works USA	
Ardon Schambers	P3HR Consulting & Services	
Holly Secord	Citizens Insurance	
Sue Separa	Neace Lukens & RMSC	
Scott Silver	Scott B Silver & Associates	
Shannon Smith	Starr & Associates	
Karen Starr	Starr & Associates	
Mike Stoops	United Airlines	
Patrick Stover	General Motors	
Danielle Susser	Smith, Haughey, Rice, & Roegge	
Charles Syrjamaki	Workwell & WorkHealth	
Dee Tyler	FinCor Solutions	
Marcy Vandermale	IT Works	
Jim Wessinger		
Michael Westbrook	Shape Corporation	
Jack Wheatley	Lacey & Jones	
Karen Williams	Williams Rehab Services	
Kara Zivin	U of M Dept of Psychiatry	

## Appendix G

## **Summit Agenda**



## The Michigan Summit on Workability

#### Thursday, April 30, 2009

5:00 pm – 6:00pm Registration/Wine and cheese reception with

networking

6:00 pm – 7:00pm Opening Remarks

Welcome: Summit Planning Committee Co-Chairs

• Setting the Stage: Jennifer Christian, MD; Chair, 60

**Summits Project** 

7:00 pm Adjourn, dinner on your own

#### Friday, May 1, 2009

7:00 am – 8:00 am Registration, networking, and continental breakfast

8:00 am – 8:30 am Welcome: Summit Co-Chairs Libby Child and

Anthony Burton, MD

Setting the Michigan stage: James C. Epolito, Past President /CEO, Michigan Economic Development

Corporation

8:30 am – 10:00 am	Dr. Jennifer Christian  Establishing the Framework for Discussion –  "Preventing Needless Work Disability by Helping People Stay Employed": ACOEM's Report and its 16 Recommendations.
10:00 am – 10:15 am	Break and networking
10:15 am – 10:45 am	Instructions to work groups
10:45 am – 12:15 pm	Stakeholder work group sessions
12:15 pm – 1:15 pm	Lunch and networking
1:15 pm – 2:00 pm	Reports on preliminary action plans from work groups
2:00 pm – 3:00 pm	Stakeholder groups meet to refine action plans
3:00 pm – 3:15 pm	Break and networking
3:15 pm – 4:15 pm	Report of final action plans from all stakeholder groups and Q&A with all attendees
4:15 pm – 5:00 pm	Going forward: Planning session and wrap-up



## Appendix H

# **Summit Personal Commitments & Meeting Evaluations**

## **Personal Commitments**

Number	The main things I see that I can actually do to improve MY own organization and MY OWN day to day working relationships are:	The main opportunity where I can actually do something to improve how things work in MY WHOLE community or state is:	Here's what I personally intend to do about this tomorrow or this week:
1		educating the employers on the goals of Workabilty Summit	Continue to work on infrastructure to set up policies for small employers, employees and doctors
2	Discuss sense of urgency with company hr director to build in urgency in regard to SAW/RTW. Fully Support a SAW/RTW cultural environment	Continue with involvement with workability in Michigan	Contact Employers willing to pilot our program
3	Research and educator and credibility	push for unique work disability for (details to follow)	Work with a few employers to pilot the process
4	Educate members thru forums/presentation	continue sharing the message in my own network of contacts( ie. businesses, other business organizations, chambers, Etc)	Look into including this component into our next event (Sept 09) Share form developed (later) in TEA. (The Employers Association)
5	Assuring that the physician has all available resources to make RTW determination. (job description, video assessment, etc) Educate employers on importance of providing favored duty/l.d. work - keeping contact with inj. Emp.	Become more involved in RTW organizations (DMEE 60 Summits) Identify employers willing to pilot RTW forms completed by physicians as recommended per our group B	Plan to meet with F/U 60 Summit Group in June to learn more on ways to promote more successful RTW/SAW outcomes.
6	Create an action plan with Deadlines	Utilize trade association contact for purposes of communication with employers	Identify several "pilot" employers to test use of a standardized document that integrates the urgency of RTW between employers, employees and doctors

	T	I	
7	Continue to improve continuity of care networking. Database standardization	Networking participating in future summit meetings	Discuss with co-workers ideas shared at summit. Continue discussion with people who did not participate in today's meeting.
		Is help communicate that WC is not only basically a good social program that	Renew efforts to interact with more constituents of WC. Especially my insurance clients who deal with real people. Also view injured workers as
8	Listen more. Communicate better and with more levity	can be moral and ethical but good business	"individuals" not just subjects or a general claim
9	Use metrics to share the business case for RTW/SAW		Copy of ACOEM summary to my group vp/lp/dms
10	Develop and employer/employee pamphlet spelling out an injured workers expectations when they have an injury or illness. Provide staff training. Continue working with employers to come up with signed client agreements to insure compliance with remind of benefit so disabled employee are treated fairly	Participate in presentations. Continue to work with clients to treat injured workers as real people. Move from disability to ability. Enforce culture to all adjusters	Connect via email with Group. Start collecting sample documents.
11	Talk with co-workers and clients daily about SAW/RTW	Collect Job descriptions and RTW slips from employers. Research MI fee schedule to attach physician standards	Develop flow chart of process
12		Present this info to family doctors in my community	Send samples of Job descriptions and sample of RTW slips that I have found useful in determining patients ability to RTW so the group can put together a standard job description with essential functions and maximize physical requirements
13	Working with operations mgt. on the benefits of RTW/SAW		Develop non accommodation claims reports and analyze/review with leadership
14	Continue involvement with this process	Workforce development board continue involvement	Share this meeting with our RTW planning committee
15	Be more conscious of length of disability and improve knowledge of colleagues	Stay involved in WIM	

16	Participate in getting together a form of statements. Participate on a board to work on standard form.	Go out to educate other specialty FR, IM, Ortho, other PMR	Will try to follow up with group to set up the committee to do the force of above.
17	Take the SAW/RTW philosophy and work with my own company to share the info with all the accounts that we manage	Get out to orgs and companies the SAW/RTW info and ACOEM info	Read and understand the ACOEM info. Start work on creative and comprehensive PowerPoint for presentation.
18	I am going to call Harry Smith and MARO conference for a proposal to present at MRA conference		
19	Make others aware of the document in my org. Present to my professional group. Continue on committee. Help develop power point presentation. 60 Summits/workability (end of May)	Work with organization (my ER) to get this message out to ER and agents. Work on 60 summits hx and workability for PowerPoint presentation	website access (work with WIM)
20	Mentor others and train on ACOEM guidelines. Review and refresh internet policies to assure. Present at Michigan Rehab Conference. Share information with my Health Care Providers.	Carry the education along to my peers and network	email all attendees a "call to action" to present to their peers/colleagues in the next six months
21	Claimants, Insurance carriers, physicians, non-profit agencies-New Horizons, JVS, Work skills	Presenting information	
22	Focus more directly on prevention services with employers. Summarize required job demands and request that Dr. match physical capacities with required job duties.	Share benefits of RTW with power point presentation developed by Shannon Smith's group. Partner With Group K	Review letter that our group is generating to present to MI State Chamber of Commerce
23	Educate my clients on ACOEM. The aspects of Workability/RTW/SAW	Take an active role with workability. (draft letter to support RTW)	Speak to my claims staff about this summit.
24	Continuing to work to improve internal communication pursuant to RTW initiatives and better align with union leadership like management, executive suite. In application, align with external entities such as clinicians, loc counselors and case managers	Continue to attempt to promote the mission of 60 summits and WIM. Continue to be involved with org development and continuation of movement	Become involved with letter to Gov and legislature to promote GOVT backing and possible tax breaks to RTW friendly employers. Bring 60 summit and WIM mission and purpose to executive leadership.

	Time also were autimed alained	المناللة على المناطقة	Lucilla de destina a lattar
	Timely reporting claims,	I will be involved in drafting	I will help drafting a letter
	communicate to all parties	a letter to key stakeholders	to the Chamber of
	timely-example would be	on the importance of	Commerce and also
	communicating to internal and	SAW/RTW. In hopes to	preparing to present to my
	external parties on the process	push SAW/RTW with	employer this fall on the
25	and what level the claim is	possible tax cuts	importance of SAW/RTW
	Present to any business		
	groups regarding SAW/RTW.		
	(ie Kiwanis, Economic Club,		Contact local business
	Local Chamber, ETC) And	Write letter to legislators	groups to try and get
26	Employers that are my clients	about SAW/RTW	interest
	As a vocational rehab	Participate in Drafting a	I will contact the CMAA
	consultant, continue to urge	letter with my group to ask	(central Michigan
	employers to facilitate RTW	for governor/legislative	Adjustors Association) to
	using coordinated medical and	promoting a tax credit for	present value of RTW of
27	vocational services	RTW	injured employees
	Vocational Scivices	Educate and learn more	injured employees
	Learn more about FMLA.	about Rochester and	
	Educate clients. Seminars,	make it a better	
28	•		Cot moving
20	conferences	community	Get moving Send email to my staff re:
	Engaurage employers to realis		my experience at 60
	Encourage employers to make		Summit. Workability in Mi
	and maintain contact with their	Data a investoral to	meeting and importance of
	injured workers. Have my CM	Being involved in	SAW/RTW process and
29	staff do this as well	Workability in Michigan	ACOEM guidelines
	Make sure the employee has		I will discuss the topic with
	been educated in the process.		my clients suggesting the
	Acknowledge the employee's		strategies we've come up
30	emotional adjustment		with.
			Through new health
			paradigm restore dignity to
		Implement innovative	health care and
31	Study AMA guide to RTW	paradigm to health care	community view of this.
	Encourage providers and		
	clinical staff to recall focal point		
	statements. Document all		
	communications with		Incorporate the message
	employers and do more to	Education to local OCC	of SAW/RTW at med1
	educate employers re: early	health nurses re:	approved symposium (for
	stages of imaging work related	SAW?RTW summit	W MI employers) on May
32	injuries/illness	limitations	14th
		to help develop a uniform	
		screening tool for	
	Take the time to listen to fellow	recognizing mental health	
	employees and let them know	concerns before it	Work with my group and
33	they have been heard	becomes "disabling"	follow up as planned
	and the second real and		
	Otro a radio a l'assessa		Contact MN summit to find
	Streamline/improve		out what they are doing
34	communication with Physicians		about these issues.
	Education to own employee		
	group. Recognition of mental		research Washington state
	health concerns among client	Presentation to OT assoc	DOL re: mental health
35	group	re w/c psych relationship	program

	Find out how I can take		
	Find out how I can take constructive ideas and execute		maintain contact with
	them by making effective		people at function and
	changes by which change a		within group to continually
	previously in-effective/in-	Everyday be more aware	work towards positive
36	efficient process	and be more pro-active	improvement
	,	Develop a project between	'
		the depression center (u-	
	Working relationships are ok. I	m) and the school of	Call a meeting of the
	want to bring in disability	Public Health (U-M)	project people and look at
	issues as an important area of	around depression in the	what I learned about this
07	training evaluation and	workplace how to	meeting and go from
37	treatment	SAW/RTW	there.
			Identify area/topics for
	Increase opportunities for		training by sending a survey to employees.
	employee training in a variety		Begin setting up seminars
	of topics, wellness, financial,		after work, brown bag
38	sensitivity training, etc.	Get involved.	lunches, Breakfasts, etc.
	, , , , , , , , , , , , , , , , , , ,	<del></del>	Focus on day to day in
			order to continue to
	Maintain emotional awareness.	Drive awareness of	improve upon my own
	Listen to signals. Manage from	workability vs disability.	opportunities with
39	the middle	Change focus.	emotional intelligence.
	Provide information on how	Regular meeting with out	
	rarely disability is medically	medical provider, union	Meet with staff and provide
	necessary to employees,	leaders, one-on-one	info, set up a schedule of
	supervisors, clinicians through	communication with	ongoing meetings with all stakeholders. Establish a
	employee training programs, quarterly in-services, meetings,	employees and supervisors, TPA, written	district team, committee, to
	employee orientations,	news bites, put info on our	continue the process.
	employee handbooks,	employee intranet, include	Share information with
	newsletters, safety committee,	info on our district web	SHERM other professional
40	staff meetings.	site.	organizations MASPA
	<u> </u>		I will start to educate my
	Train current primary care	To start a program at all	residents on how disability
	residents on medical disability.	our medical centers in	is medically required only
	Create a patient information	Michigan to educate	rarely by discussing it
	sheet on safe evidence based	primary care residents on	clinically and providing
4.4	on RTW/SAW	SAW/RTW reasonable	each with a copy of the
41	Attempt to increase awareness	guidelines for their patients	ACOEM Guideline.
	Attempt to increase awareness that rarely disability is		
	medically required. Find		
	people in organizations who		
	regularly negotiate contracts.		
	Discuss experiences and		
	gather contracts that work. To		
	get people back and create an		
	atmosphere of trust. Tell		
	people in organizations about	See above effects whole	
	the concept and share	state as negotiators deal	Identify two people who
40	concrete examples of what	with multiple employers	negotiate contracts and
42	works	and members	discuss topic

	I		
43	Educate case managers on how rarely disability is medically required and provide tools for case managers to use in communicating this with their clients, physicians and employers	Participate in Workability in Michigan to help promote change	Investigate options for tools case managers can use in communicating with their clients, employers, and physicians to create awareness.
44	Discuss with employers groups that disability is rarely medically required in WC cases. Share same info with my counterparts around the county and adjuster in my office. Change my vocabulary from Early Return to Work to Stay At Work.	My day to day operations are statewide	Save and change my reports and educational pieces about ERTW to SAW
45	Enhance employee handbook to notify employees we have any/all types of light duty work - even not in their own dept. They could work. Policy and procedure too. Notify physicians we have job descriptions for all jobs - we can accommodate any type of light duty work.	Join the Michigan summit on workability and then serve on a committee. Show different types of opportunities - EMP Self insured, contact our public relations staff to have our lobbyist work for the cause	By June 1 work on all of the above and by the end of the year all fully implemented.
46	Ignite excitement and passion for the cause. Implement at least 4 recommendations locally to my own employer and my client.	Continue work in small group and volunteer efforts to MI workability	Collect forms from small group, evaluate content and provide recommendations. Attend small group conference call for states check and next step planning.
47	Participate on a process improve committee regarding forms improvement. Gather discuss/WC forms - build library  My present line of work is far-	simplify and standardize as many stakeholders as possible in the use of a universally acceptable communication method Donate my talents in	Construct email soliciting forms to review by 5/8/09 with instructions. collect forms from
48	removed from forms based standardized communications for acute/short term disabilities. Nonetheless, this remains a passion of mine and I consider this my civic obligation and opportunity to give back	graphics and form designs. Evaluate from my multiple perspectives as clinician, administrator, case manager, develop and medical service marketing and sales	employers
49	Share the key components of this conference with my corp claim officer as well as direct reports and our clients (specif, the 2 largest). Also speak with our it dept to ask for escalation of system upgrades to alert us to claims w/o RTW or estimated RTW projected within preset timeframe	Stay in touch with and committed to our subcommittee of WIMS "group 14" to work toward simplifying standardized exchange of information methods	Put subcommittee members contact information into outlook. Create a group email roster. Reserve a conference line and advise members of the time and contact for our call between this meeting and the next meeting.

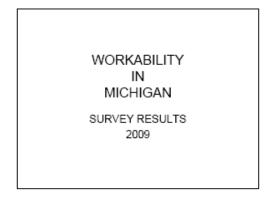
	1		1
	Spread the word and ideas about WIM continue to develop		
	SAW/RTW program get all	Remain active in WIM	
	thinking "workability" not	continue to work in my	
	"disability". Change my job	small group and	
	title to workability mgr instead	implement our plan and	
50	of disability mgr.	goals of our group	Answered in #3
30	or disability frigit.	goals of our group	Work with my game to
	Improve communication		develop standardized
	Improve communication between physician employer,	Offer my experience of	form. Then market and
	claims adjuster, employee and	Offer my experience of what has worked and	
<b>5</b> 1			implement it within the community.
51	case manager To reduce inconsistencies in	hasn't	community.
	data collection/forms etc		
		Standardiza a form to be	Davious potional and state
	between the groups we work	Standardize a form to be	Review national and state
	with. Insurance carriers,	used by all parties to	forms that deal with this
50	TPA's, providers and	communicate what an	subject and pull the ***
52	employers	injured worker can do	together that will work best
	Impropriately sentence (0)		Immediately confer with
	Immediately confer with my		my TPA's and OCC Med Providers to understand
	TPA's and OCC Med Providers	E's I a safe as'ense	
	to understand how they	Find ways to mirror	how they monitor
	monitor practices. Educate my	understanding of the	practices. Educate my
50	staff, my workforce on the	disability process, it's	staff, my workforce on the
53	subject and it's value	pitfalls, the guidelines etc.	subject and it's value
	Be a resource for our groups		
	development of presentation	Help deliver this	Farail contact with many
	on the benefits of evidence	presentation to other	Email contact with my
54	based medical	groups. (employers)	group members.
		Educate and spread the	La in complete little in
	Lagra mana abaut midalinaa	work and implement the	Join workability in
	Learn more about guidelines	concept of evidence based	Michigan. Read the
	myself. Help with contribution	guidelines. Explain what	guidelines again, research
	to the presentation our group	guidelines are e-blast,	ACOEM website to learn
	has agreed to. I will funnel the	SHPCP, fall conference	more about evidence-
55	information to CA	SHRM	based medicine.
			Send out an invitation for
			the doctor to invite them to
			come to our plant for a
	Dolotionobio with my doctor		tour, lunch and continuing
	Relationship with my doctor.	Training for acceleral	education credits
	To communicate my	Training for our local	(guideline from an
	expectations and see what the	doctor on disability	occupational doctor
56	doctor expects	workability	outside the area.)
	Keep discussion of topic alive	Share ACOEM guidance	Share this material with
	in discussions with the doctors	with non-occ medical	my clients and law
57	I deal with on a regular basis	providers	partners
	Discuss with my upper		
	management the ACOEM		
	guideline providing them with		
	60 summit and workability		
58	websites	Left early	Left early

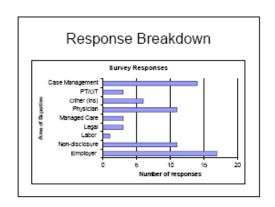
	le		1
	Educate others and		
	continuously communicate with		Educate was alf and
	my resources, give		Educate myself and
	presentation to employers and		become knowledgeable in
59	insurance carriers as		order to be a valuable
59	appropriate		resource to others
	Investigate what has been developed in other states (CA)		
	relating to WC requirements in		
	(we reform act of 2004) and		
	Washington state. ID 1-2		
	individuals to determine how		
	this may be applied in MI by		
60	6/30/09		Assigned #3 above part 1
			Research CA 2004
			workers comp act and
			state of Wash. Network
	Share results event with	Continue with follow-up	what was learned here
61	partners	with group	today.
	Send the link to the ACOEM		
	work disability prevention		
62	guideline to my colleagues		
	Share results of event with	Continue with follow-up	Finish my financial reports
63	partners	with group	for WIM
	Come up with WC standard		
	form for disability. Offered-		
0.4	time for seminar on points of		Ctart reveta als fares list
64	care with Dr. A. Burton		Start my task force list.
			Create a task force at the may 6 2009 MOEMA
			board of directors mtg, that
			will identify the physician
			groups in mi who need
			disability prevention
			training, identify the intent
			of that training and 3 target
			the names at which such
	Reinforce and train my staff (at		training will most likely be
	our next staff meeting) about		successful. Report back
65	RTW/SAW best practice		at June 1 meeting
		Be a member of or advise	
		the workgroup suggested	
		by my group. As time	
		permits volunteer to speak	
	Demonstrate to television	at other's meetings that	
	Request complete information	pertain to WC issues.	
	from reference sources who	Would be interested in	
	sent their employees for my eval/tx. Tell them why it's	grounding input into	
	important And have that	guidelines/best practices that might arise from rec	
66	information	15	
30		Present IDM integrated	
		Disability Mgmt. Early	
	Awareness of IDM early	intervention (triage) to	
67	intervention to customer	DMEC date tbd	

	Facilitate communication between the employer,		
	insurance co and third party		contact my client to spread
	administrator to improve the	Through my contacts with	the work that
68	process	employer and insurances	communication is key
	The education of staff and		Today sign on for being an
	contradicted providers of RTW		active participant in the
	in proactive participation in		workability in MI group.
	improvement of culture in	use corp network and	Begin to implement
69	disability prevention model	research foundation	change and educate.
		Personal involvement in	
		seeing that guidelines are	Suggest a session at
	Continue to work toward open	disseminate to small,	MSIA and ask TPA's,
70	communication among internal	medium and large	brokers, etc. to
70	organizations	employers	disseminate information.
	Educate my clients on		Contact ampleyer and
	integrated disability management and ROI	Set up educational	Contact employer and physician groups to set up
71	outcomes	opportunities, seminars	programs/seminars.
/ '	Looking for daily teachable	opportunities, seminars	programs/seminars.
	moments with my staff for		
	SAW/RTW focus opportunities		
	to pass on to our employers.		
	Asses our communication to	Measure and survey	Communicate this meeting
	injured workers are we	results of changes and	to my staff. Share report
72	educating them	communicate benefits	with leadership.
	Review/develop internal		
	communication procedures		
	documents for communicating	Continue with the 60	
73	with medical providers	summit.	

Note: "\*\*\*" indicates documentation was illegible

## **Meeting Evaluations**

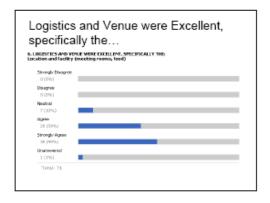


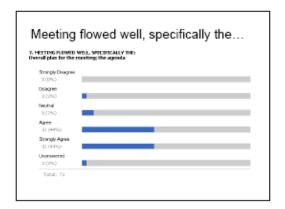


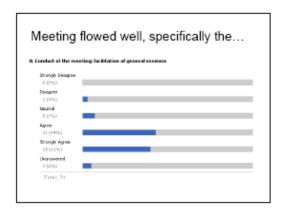


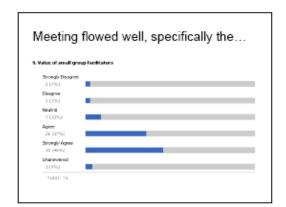


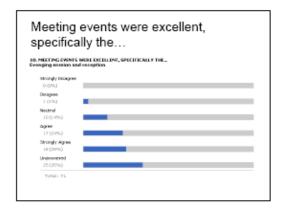


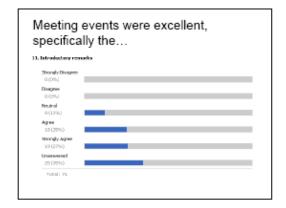


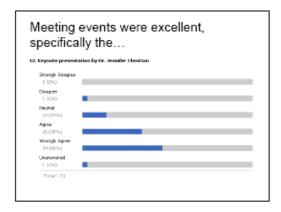


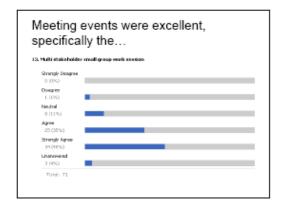


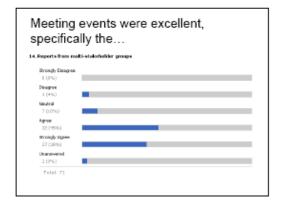


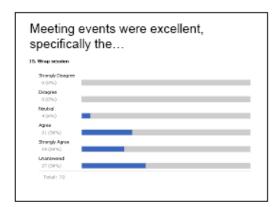


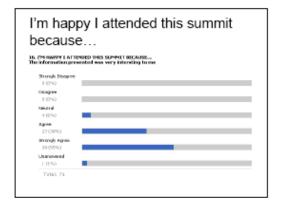


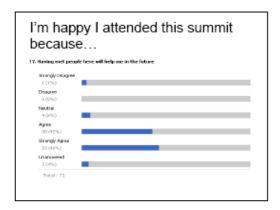


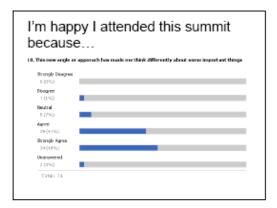


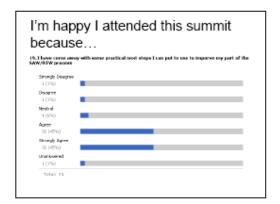


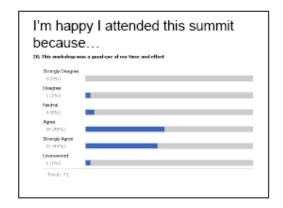


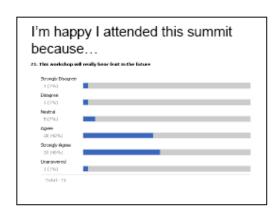


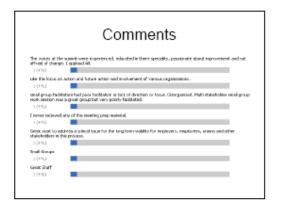


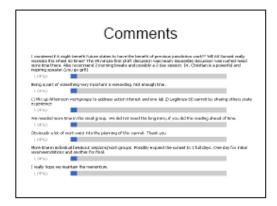


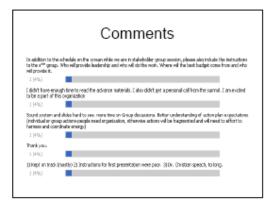


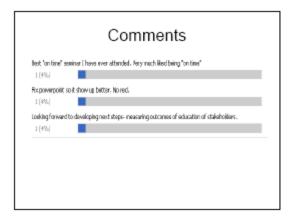












# **Appendix I**

# **Summit Workgroup Reports**

## Group A: Recommendations 1 and 13a

- 1. Increase awareness of how Rarely Disability is Medically Required
- 13a. Disseminate Medical Evidence re: Recovery Benefits of Staying at Work and Being Active

Does your workgroup believe this recommendation should be implemented in Michigan: YES

#### **Discussion Summary:**

The group presented information from their core findings displayed below.

#### **First Discussion Points:**

Cross train the group and tailor message for each group

Identify educational moments in groups

Address physicians in medical school and provide for CMEs on an ongoing basis

Find what is out there for disability as far as training and presentations

Essential to develop trust of stakeholders early on

There is sacrifice at each step by each stakeholder and get that point across in training

### **Second Discussion Points:**

Start with selves for change and catalyst of change

On the employee side- identify ways to communicate the information through employee manuals that are consistent with the message

On the physician side it is important to relay the information presented

Get the buy in of claims administrators and employer groups

On the Labor perspective- identify programs to negotiate with employers to talk about SAW programs and what works in their environment.

The group decided to communicate in one month to discuss to gather information

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Develop information, allow each stakeholder to customize.
- Identify opportunities to communicate the message and each group develops the message
- All stakeholders adopt it.
- Identify all opportunities to gain trust

### **Key Steps involved in making that happen are:**

- Develop message that is multidisciplinary
- Quasi-governmental task force that is multidisciplinary
- Each stakeholder needs to identify key issues
- Amend workers' compensation act to make evidence based medicine mandatory
- Collect review and analyze data after implementation
- Identify education moments

## **Concrete first steps in own environment:**

- Identification of who funds
- Employers, Insurers identify message
- Cross disciplinary group of stakeholders

- Talk to doctors/residents that make disability care; Residents must be involved; begin over the next month to increase awareness
- Identify representatives who negotiate SAW/RTW successfully; co-workers; 4-6 weeks, increase awareness among labor organizations.
- Update workers communication & policy and training materials; employers, managers and supervisors; 4-6 weeks; increase awareness

## **Group B: Recommendations 1 and 2**

- 1. Increase awareness of how Rarely Disability is Medically Required
- 2. [Instill a Sense of Urgency]; Urgency is Required Because Prolonged Time Away from Work is Harmful.

Does your workgroup believe this recommendation should be implemented in Michigan: YES

#### **Discussion Summary:**

The group presented information from their core findings displayed below.

#### **First Discussion Points:**

Cross train the group and tailor message for each group

Identify educational moments in groups

Find what is out there for disability as far as training and presentations

There is sacrifice at each step by each stakeholder and get that point across in training

### **Second Discussion Points:**

Start with selves for change and catalyst of change

On the employee side- identify ways to communicate the information through employee manuals that are consistent with the message

On the physician side it is important to relay the information presented

On the Labor perspective- identify programs to negotiate with employers to talk about SAW programs and what works in their environment.

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Create an engine to make 'it' happen
- Address lack of education
- Address lack of tools

## Key Steps involved in making that happen are:

- Educate employer, employee and physician
- Put education pieces in place
- Develop tools and disseminate information

# Concrete first steps in own environment:

Develop a standardized document to be used by employer for purpose of communicating the
employer commitment to SAW RTW. The document is a form which outlines specific job
requirements on exact scales that physician will be required to check off. Document will
accompany injured worker to the physician appointment.

- Team will identify specific employer who may be willing to pilot; 2-4 weeks; establish feasibility
- Team will forward RTW forms to Dr. Andrew Haig; 2-4 weeks for use in creating standardized document.
- Dr. Andrew Haig will develop document template; reconvene via conference call email or onsite; identify employers will be given documents and instructions.

# **Group C: Recommendations 3 and 4**

- 3. Acknowledge and Deal with Normal Human Reactions
- 4. Investigate and Address Social and Workplace Realities

Does your workgroup believe this recommendation should be implemented in Michigan: YES

### **Discussion Summary:**

The group presented information from their core findings displayed below.

#### **First Discussion Points:**

Acknowledge and deal with normal human reactions

Investigate and address social and workplace realities

Touchy feely group for the process

Basic education for Employer and Employee when an injury occurs

Employer information before an injury

Employee at the time of injury

Designate an individual that keeps contact with Employee

Extend training to claims professionals for touch points

Ensure that the physician recognizes that work is good both physically and emotionally

Early case management to bring people together during the claim process.

Steps: Member to put together MSIA presentation

### **Second Discussion Points:**

Research and present to Employees and professionals MARCH WC 2010 for 50 people (SPECIFIC

TOPICS) at conferences and others with mailing etc. Research into EE happiness in workplace

Address SAW RTW issues for upcoming conferences

Target to MSIA as a breakout session.

Free sessions through legal groups

Work with Workability-to be proactive claims professionals and employers

Cut off attitude at the pass in the claim process

DR Christian indicated it is ok not to be too pure to be paid. Sell the ability to work within the program.

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Basic education for employers/employees (first contact what to expect)
- Designate an individual within an organization to keep open communication with the employee
- Expand training to claims professionals for sensitivity
- Work is good- physicians to set the state for early recovery
- Early Case Management

### **Key Steps involved in making that happen are:**

- Adapt these strategies as best practices
- Incorporate these strategies into existing seminars
- ask critical questions to assess the value of services
- Member will obtain research to validate that communication is enhanced between all participants at time of injury mitigates the harm and exposure if SAW/RTW 30 day mark.
- Develop a presentation for different trade organizations to include: MSI PRIMA, and Michigan Safety Council.
- Once above is done, we will be able to have our document ready for handouts to our clients about WIM/60 Summits and mass mailing and MSIA websites.

## **Concrete first steps in own environment:**

• Tomorrow we intend for ALL of us to talk to our clients/employers about WIM/60 Summit Conference and the communication process with all participants.

### **Examples of Actions:**

• None listed

# **Group D: Recommendations 3 and 5**

- 3. Acknowledge and Deal with Normal Human Reactions
- 5. Find a Way to Effectively Address Psychiatric Conditions

Does your workgroup believe this recommendation should be implemented in Michigan: YES

### **Discussion Summary:**

The group presented information from their core findings displayed below.

#### **First Discussion Points:**

Acknowledge and deal with normal and human reactions and find a way to effectively address psychiatric conditions

Use EAP programs and make it mandatory that they have one counseling session to understand the normal reaction and understand how they feel

Explain benefits at the time of injury

Human Resource contact with the employee – it is important and we care about you.

Psychiatric issue- involve the psychiatric community and timelines of danger zones when physical condition becomes more psychiatric

Educate staff and problems that develop- For Psychiatric issues what to look for what is normal recovery. Develop ONSITE psychiatric programs or resources for assistance.

Sample of policy handbook items for employers or supervisors on education

Dr. Christian response: Employee and compensation payers reluctant to pay for Psychiatric treatment. Great if you could tackle the issue of avoidance and reluctance. Why human reactions in both groups? Do not want to overly medical-ize normal human reactions. Nothing wrong with normal reaction upset angry, bad future. HAVE to attend to the significance of the situation. An important question for the physician is 'Is there a workplace issue or home reality that is traveling with the medical issue'? Many comp claims have companion psychiatric issue that travels with the physical issues from the injury.

## **Second Discussion Points:**

Help the employee back to work and determine what is not work related

Screening tool developed by Member to use within 24 hours of injury request that employee submit to evaluation through tool for layperson

Research Washington State's program and research and a Member will follow up with WA program Use screening tool—make referrals

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Employers make it mandatory that when injured employee has a counseling session with Human Resources, employee health nurse etc. to educate and understand normal reactions to injury, what to expect, how they fell about working
- Human Resource, Health and Safety Department representative follow up with employees through recovery.
- Psych community educate other doctors
- Educate staff of the problems that may develop- what signs to look for when not normal recovery process
- Employer to establish on-site psych program (counseling/resources)
- Coordinate employers resources
- Develop educational tool for employer to recognize mental health problems and concerns
- Screening tool use within 24 hours of injury
- Contact Washington Dept of Health about their program

# Key Steps involved in making that happen are:

- Policy handbook
- Written procedures

# **Concrete first steps in own environment:**

Sample policy/procedures that employers can apply in general develop a model program

#### **Examples of Actions:**

• Psychiatry to educate other physicians (OCC/PMR) about diagnosis and treatment of psych and the urgency in dealing with hit to prepare them to handle it.

Develop a screening tool and develop model for employers for following up with employees who are injured.

## **Group E: Recommendations 6 and 8**

- 6. Reduce Distortion of the Medical Treatment Process by Hidden Financial Agendas
- 8 Support Appropriate Patient Advocacy by Getting Treating Physicians Out of a Loyalties Bind

Does your workgroup believe this recommendation should be implemented in Michigan: YES

#### **Discussion Summary:**

The group presented information from their core findings displayed below.

#### **First Discussion Points:**

Support appropriate patient advocacy by getting treating physicians out of a loyalties bind

Combined both recommendations as they were integrated in the process

First at the employer- need to be a more supportive, early proactive and open

Create absence management, supportive culture, talking to employee after injury.

Do not allow employee to operate on own and having issues and discussions with own physicians

Educate doctors and have employer call doctor and explain system at employer for RTW

Dis-incentivize process let MSIA and DMEC set up education programs

Dr. Christian question- How do employers ask questions to doctors without that fine line of putting doctor in middle? How to ask uncomfortable questions to the doctors?

#### **Second Discussion Points:**

Develop a template for employers to send to doctors for FCE and what employee can do-not what they can not do for life activities

Share template with MSIA, MOEM, SHRM, MEDC

Integrated disability management tools for MSIA in May and use the format

ACOEM added to the healthcare rules. Treatment sidelined so the prevention to be presented

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Educating providers, employers- more standardized communication
- Align health care plans/disincentive free schedule integration plans
- Early Intervention
- Creating supportive culture/employer

# **Key Steps involved in making that happen are:**

- Partnerships and alliances with employers and providers-ie stakeholders
- Develop best practices (universal)

# Concrete first steps in own environment:

- Speakers network to educate
- Developing sample communications/documents
- Creation of best practices for stakeholders
- Attend public meetings regarding health care rule changes

- Develop template or letter an employer can send to any treating physician asking for functional capacity evaluation or light duty within 2 weeks by member to develop the template. To be shared with stakeholder groups MSIA, MOEMA, SHRM, MMA SBA etc
- Presentation on IDM/early intervention by members by May to increase awareness of IDM early intervention on SAW/RTW
- Research having ACOEM guidelines added to health care rules by June 09

## **Group F: Recommendations**

- Pay [or otherwise reward] Physicians for Disability Prevention Work to Increase Their Professional Commitment.
- 12. Educate Physicians on "Why" and "How" to Play a Role in Preventing Disability

Does your workgroup believe this recommendation should be implemented in Michigan: YES

#### **Discussion Summary:**

The group presented information from their core findings displayed below.

#### **First Discussion Points:**

Pay (or otherwise reward) physicians for disability prevention work to increase their professional commitment. Align payor, doctor, insurance/TPA

Strategies for making it become

Universal standardized paperwork; decrease burden of paperwork.

Retrain physicians

Key steps physician educations CME mandatory disability management. Checklist for physicians while providing treatment

Concrete first steps search for grant money and web based training

Build critical mass to tipping point.

### **Second Discussion Points:**

Approval for standardized return to work form for Workers' Compensation claims

Task force to develop standardized form within three months

How to reach physicians is the main question

Task force for who and when

May 6 at MOEMA meeting

Reach out to audience for doctors and staff.

Workers' Compensation agency to discuss fee schedule items and

Changing behaviors-

Encourage training for doctors on IDM

Continue CMEs on disability get more credits

California act of 2004 and WA state policies investigation

Analysis on how to adapt to Michigan

.

# Here are some Strategies for how to make this recommendation become standard practice in my environment:

- Acknowledge there is an issue. We agree behavior needs to change. Develop a system of positive reinforcement for the desired behaviors. Align expectations and incentives among stakeholders: payors, physicians, insurance, TPA. Modify systems so that less paperwork is needed.
- Utilize a system of point of care learning for physicians. Teach physicians using evidence based medicine. Focus on primary care physicians and selected specialists. Identify and utilize best practice and sophisticated behavioral CME models for educating physicians. Explore state and national based resources, including grant money for educating physicians. Review other pay and education models including international and other non-disability practice settings. Investigate use of a process that includes a check-list strategy to ensure compliance with best practices in disability management.

### **Key Steps involved in making that happen are:**

- Identifying the current reward system to determine where there are opportunities to reward physicians for the time spent on disability management. Investigate the needs of the non-physician stakeholders in this process to try to simplify the burden on physicians.
- Getting specialists in Michigan who are knowledgeable in this topic to participate in the process of educating other physicians within the state. Getting non-physician stakeholders to play a role in educating physicians as to the need for better disability management.

### **Concrete first steps in own environment:**

- Develop a uniform communication form for work status/disposition to be used for workers' compensation cases (like the form used in Ohio. This would prompt physicians to make better determinations about work status.
- Work with the Workers' Compensation Agency to identify ways of compensating physicians for their time devoted to disability prevention.
- Develop a program for Michigan physicians which provides training on best practices in work disability management and prevention.

- Create a task force at the May 6, 2009 meeting of the Michigan Occupational and Environmental Medicine Association Board of Directors to do the following: a) identify the physician groups in Michigan who need disability prevention training, b) identify the content of that training, and 3) target the venues at which such training will most likely be successful. Report back at the next Workability in Michigan meeting.
- I will start to educate my medical residents on how disability is medically required only rarely by discussing it clinically and providing each with a copy of the ACOEM Guideline.
- Employer provided training for our local doctor on disability workability.

## **Group G: Recommendations**

- 10. Be Rigorous, Yet Fair in Order to Reduce Minor Abuses and Cynicism
- 11. Devise Better Strategies to Deal with Bad-Faith Behavior

Does your workgroup believe this recommendation should be implemented in Michigan: YES

#### **Discussion Summary:**

The group presented information from their core findings displayed below.

### **First Discussion Points:**

Be rigorous yet fair in order to reduce minor abuses and cynicism

Devise better strategies to deal with bad faith behavior

Return to work program that is comprehensive in scope, supported by top management of the company with accountability by company

Address how to deal with abuses through accountability

Strategies include modification of behavior, increased communication with employer and doctor.

Dr. Christian question: Doctors with bad faith is fine in the system but lacking in insurance companies and employers. Violating and harassing the process. Provide pathway for injured workers complaints

### **Second Discussion Points:**

Teaming up with other groups to develop Michigan presentation that targets small employers and care providers to present the business case

Attendees walk away from group with a plan that can be developed

Implement an employee advocate team- one person to travel with the employee to recovery

Ombudsman that helps address employee issues on RTW

Workabilty plan and template for grievance so all on the same page

Include physician forms for RTW

Work restructuring.

# Here are some Strategies for how to make this recommendation become standard practice in my environment:

- Each employer develops a template plan for RTW programs that clearly communicate roles and responsibilities to both employee and employer.
- Employee advocate team to maintain communication and reduce negativity
- Rigorous Firm, Fair and Friendly accountability
- Establish a sense of urgency regarding RTW

### **Key Steps involved in making that happen are:**

- Top down management support
- Doctor practice guidelines to work within
- Education and communication
- Shift focus from disability to ability

## Concrete first steps in own environment:

- Michigan Workability presentation on SAW/RTW
- Target employer groups, employee groups
- Template development

- Renew commitment to interact (stakeholders) personal commitment by Monday. Convince stakeholders that SAW/RTW is not just moral and ethical but makes good business sense
- Treat injured workers as people not subject cases; all stakeholders- begin preparing presentations in the next few weeks to reduce cynicism
- Work with insurer/employer to develop pamphlet for stakeholders regarding best practices.

## **Group H: Recommendations**

**13b.** Specify that medical care must be consistent with current medical best practices; or preferably adopt an evidence-based guideline as the standard of care.

Does your workgroup believe this recommendation should be implemented in Michigan: YES

### **Discussion Summary:**

The group presented information from their core findings displayed below.

#### **First Discussion Points:**

Specify that medical care must be consistent with current medical best practices or preferably adopt an evidence based guideline as the standard of care

This means lots of work and compliance by doctors.

Fringe workers how can we influence the doctors

Learn, Train and Implement and follow-up

How to learn- responsibility to learn about best practices and guidelines

Develop resources

Establish relationships with TPA, clinicians, doctors etc.

GATEKEEPING: who will monitor the doctors?

#### **Second Discussion Points:**

Go back to education so doctors know about them

Doctor into facilities especially if only doc in community

Enlist carrier support to learn about evidence based medical care

Use information to education employees about program and change perceptions

Funnel occupational cases to evidence based physicians

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Learn evidence based guidelines
- Education of providers/implementation
- Follow-up and be a future part of the process

### **Key Steps involved in making that happen are:**

- Learn what best practices are and where to access the information from specialty societies
- Gatekeeping

#### Concrete first steps in own environment:

- Learn-use group resources (ACOEM guidelines)
- Access specialty association guidelines
- Implement/education of providers

- Over the next quarter educate ourselves on best practice guidelines
- ASAP implementation/education of providers by inviting providers to internal and external resources regarding use of guidelines
- Start now gathering data on 2010 conference dates to invite ourselves as speakers.

## **Group I: Recommendation 14**

14 Simplify/Standardize Information Exchange Methods between Employers/Payers and Medical Offices.

Does your workgroup believe this recommendation should be implemented in Michigan: YES

#### **Discussion Summary:**

The group presented information from their core findings displayed below.

#### **First Discussion Points:**

Simplify/standardize information exchange methods between employers/payers and medical offices.

Consolidation and universal form

HICFA 1600. Adapt from HICFA collect and cherry pick the pieces for one format

Certification by state and EOB

Assimilate documents – electronic and compilation of various forms.

Universal disability form development

FIRST: teleconference and get together all forms. Workability forms versus disability forms development and use after first meeting.

Work with other states and the US CJ16 job description and medical restrictions on one form.

### **Second Discussion Points:**

Form that everyone would want to use that simplifies the process between employee, providers and carriers Explanation of workability form. Conference call to get together forms etc. share forms and come together with a form that we like and captures what we like.

Draft marketing plan to discuss the form- not just occupational medicine facilities but local doctors as well. Use needs to put together format.

Dr. Christian question. Watch how complex the forms get so they do the forms- simple form for simple situations and a complex form for complex situations.

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Explanation of Workability in MI
- Create and implement a standard form for data exchange between employers, payers and providers to use in work disability cases. A quick informative tool in data exchange

## Key Steps involved in making that happen are:

• Collaboration between key stakeholders in our small group reaching local employers, providers and government and implement its use.

### **Concrete first steps in own environment:**

- Gather samples form currently in circulation
- Collect government forms (FMLA, SSDI ETC)
- Solicit ideas/feedback/product from prior 60 summit states
- Small stakeholder groups to draft initial form
- Draft marketing plan among small groups inviting occupational medicine and family practice to small work group and business professional organizations
- Consolidate and summarize feedback
- Redraft from into working document
- Gain approval from stakeholders
- Implementation by 2011
- Measure, monitor and report

### **Examples of Actions:**

• Send current forms to Dr. Christian by 5/22/09 to evaluate current forms and useful elements to create original form

- Conference call with small group by 6/12/09 to discuss forms collection and establish first draft criteria and agree on next steps
- Draft marketing plan for new form by 8/20/09 and plan to circulate and mandate form usage.

## **Group J: Recommendation 15**

15 Improve/Standardize Methods and Tools that Provide Data for SAW-RTW Decision-Making.

Does your workgroup believe this recommendation should be implemented in Michigan: YES

#### **Discussion Summary:**

The group presented information from their core findings displayed below.

### **First Discussion Points:**

Improve/standardize methods and tools that provide data for SAW RTW decision making

Standardize RTW process for employers and doctors.

Develop job descriptions with functional requirements

ERs use and Doctor's review

RTW work slips that mimic job format

Doctor and employer relationship development (photo and video not enough)

Develop doctor certification requirements and preferred providers

Concrete: task force reviewing current documents and development.

Think about smaller employers as well.

#### **Second Discussion Points:**

Standardized form that addresses back to work

Playing their game regarding activities of daily living etc.

Give employee a hug, identify quickly and employer directly

Claim number triggers job description to doctor for communication

Concierge service for employee through process (like cancer care)

Employers need to think ahead to what type of restrictions they would have

Dr. Christian recommended reviewing the concierge service in Broward County FL

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Develop standardized form for both employers and physicians to use as a functional job description and RTW medical form.
- Post forms online and educate users
- Enhance required physicians training to be a provider for Workers' Compensation
- Enhance physician/employer partnerships

### **Key Steps involved in making that happen are:**

- Develop form standards and post them
- Develop physician certification to be Workers' Compensation preferred provider and increase fee schedule to use it
- Employer visits to sites for main clients by physicians

#### **Concrete first steps in own environment:**

- Start work on forms (RTW and job descriptions by 6/18 next meeting)
- Discuss more in depth at next meeting
- Government offices/create a concierge service model
- Present forms at professional groups.

•

- Member will can/send RTW forms to J2 to begin working on standardized forms by next meeting
- Member will research post masters level job descriptions into from available thesis
- Member will provide draft flow charts for process to distribute forms

## **Group K: Recommendations 16**

16 Increase the Study of and Knowledge about SAW/RTW

Does your workgroup believe this recommendation should be implemented in Michigan: YES

#### **Discussion Summary:**

The group presented information from their core findings displayed below.

### **First Discussion Points:**

Each person has professional organization that they are involved with and have each make commitment to get the ACOEM guidelines out to the groups.

Create template PowerPoint presentation that would used by group members

Proposal Rehab conference to present at conference

MEET 8 months to discuss the advancements

## **Second Discussion Points:**

Develop PowerPoint that will be on WorkabityIM that can go to any professional organization as teaching tool adapt for CEUs by 6/1

Email as call to action for each to take the PowerPoint to groups

Meet at next meetings and report back by 6 months for who did the presentation and track participation.

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Find good ways to use the ACOEM guideline
- Each person has a professional organization and will make a personal commitment to present the ACOEM guidelines within 6 months

### **Key Steps involved in making that happen are:**

• Group K to create a PPT within one month 'call to action' email to be sent within 2 weeks to all WorkabilityIM attendees

### **Concrete first steps in own environment:**

Workability website gathering access point for action items

## **Examples of Actions:**

- Within 30 days 2 members will create a PowerPoint presentation for professional organizations
- Within 2 weeks a call to action email will be sent out by group k asking for people to use it and tell them where they did
- Within 8 months a meeting will be conducted to follow up on actions

# **Group L: Recommendation 9**

9 Increase "Real-Time" (immediate) Availability of On-the-job Recovery, Transitional Work Programs and Permanent Job Modifications.

Does your workgroup believe this recommendation should be implemented in Michigan: YES

### **Discussion Summary:**

The group presented information from their core findings displayed below.

#### **First Discussion Points:**

Increase 'real time' (immediate) availability of on the job recovery, transitional work programs and permanent job modifications.

Provide culture wellness from CEO and supervisors to a central focus

Reward supervisors for RTW

Make accountability by charge back to departments

Garner Union support

Identify problems with grass root approach training, early intervention

GO TO THE TOP to get support: Legislative support and Letter to Governor

Present to professional groups

Educate and train all levels of stakeholders who will listen

Have employers commit to concept.

### **Second Discussion Points:**

Cultural change from every level- letter to governor and legislature with summary and outcomes of summit with importance on RTW SAW economic cost

Grant and target tax benefits and WCA for support

Member to draft letter by 5/15 and send out to work group l for proof and send out to rest of summit by 5/30. Send electronic signature and send to MCIA, WCA and Chamber of Commerce by member.

To present SAW RTW to any and all business forums to promote the benefits of awareness with Group K and H that all members will have for professional organizations. On webpage for member access.

Commit to one presentation for the next year. All members commit to do one presentation in the next year, professional, business or economic group presentation.

Most attendees agreed to present to one group

On WIM webpage that can be accessed then others can submit the information to group.

# Here are some Strategies for how to make this recommendation become standard practice in my environment

- Provide a cultural environment to promote wellness and RTW
- Get CEO upper management support
- Empower supervisors at grassroots level
- Recognize and reward supervisors via newsletter recognition, plaque or parties
- Educate all employer/employees on RTW benefits
- Make supervisors accountable-charge back to department
- Get State of Michigan involved to support employers RTW
- Make sure you have union support

### **Key Steps involved in making that happen are:**

- Identify problems
- Make changes at grassroots level from a cultural perspective
- Develop and institute training
- Provide early interventions and training
- Make sure there is alignment with all involved parties
- Get to highest level of management possible whoever they are
- All participants today should sign a letter to governor
- Change communication with Doctors to focus on abilities rather than disabilities
- Visit with union groups
- Employers commit to health care providers
- Present in front of professional groups.

### **Concrete first steps in own environment:**

- Letter to governor summarizing outcome of summit
- Educate and train re: SAW RTW at all levels and key stakeholders. Whoever will listen
- Immediately change how we communicate with providers
- Either commit or ask employer to commit to SAW RTW concept

- Immediate letter to governor summarizing event and asking for support
- By October 2009 present SAW RTW to any and all business forums to educate business on SAW RTW
- Immediate improvement of internal communication to create awareness with all organizations levels to serve as a change agent to managers and supervisors